

What to Do if You Have a Negative Titer:

Measles, Mumps and Rubella (MMR): Depending on your vaccination history and how low your immunity level is – you may need up to 2 MMR boosters spaced 28 days (4 weeks) apart. A subsequent titer is required, a minimum of 28 days (4 weeks) after the final booster.

Varicella: Depending on your vaccination history and how low your immunity level is – you may need up to 2 Varicella boosters spaced 28 days (4 weeks) apart. A subsequent titer is required, a minimum of 28 days (4 weeks) after the final booster.

Hepatitis B Surface Antibody test: If no **Adult** series of Hepatitis B vaccinations has ever been started, you must complete the adult series of 3 vaccinations, spaced at 0, 1 and 6 months (unless you are receiving the Heplisav-B vaccine, which only has two shots, 4 weeks apart). A subsequent titer is required at least 4 weeks after but no more than 8 weeks after 3rd (or 2nd with Heplisav-B) shot.