

Dates on Food Packages: What Do They Mean?

Date labels are required on food packaging. But what do they mean? Is it safe for your program to use or distribute food after the package date? The answer is, it depends. Use the information below to help determine which outdated foods to distribute and which to discard.

Expiration Date:

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Do not use or give out infant formulas, vitamins, and drugs after the expiration date. They may lose their effectiveness. Yeast and baking powder may not work.

Pack Date:

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