

## Shelf Life of Student Life Food Program Products

Veggies 2 y

ShelfStable Foods	Shelf Life After Code Date
<b>Canned Foods</b>	
Beans	2 years
Chili	1 year
Soup (Non-Tomato Base)	2 years
Soup (Tomato Base)	

	2 years
Sauerkraut	1 year
Baked Beans	1 year
<b>Snack Items</b>	
Cookies	2 months
Applesauce/Fruit Cups	1 year
Crackers	8 months
Graham Crackers	2 months
Chips	2 months
Granola Bars	6 months
<b>Dried Goods</b>	
Macaroni and Cheese	9 months
Pasta	2 years

Rice	2 years
Rice (Brown or Wild)	6 months
Dried Beans	1 year
<b>Condiments, Sauces, Dressings</b>	
Peanut Butter	6 months
Barbecue Sauce	

	6 months
Apple Cider Vinegar	5 years
Pasta Sauce	18 months

\*Dry or Canned: USDA food has a "Use By" or Quality date. This date is the manufacturer's recommendation for how long the food will maintain peak quality. After the quality date the item has a predetermined shelf life mandated by the USDA.



## Resources

- I. Foodsafety.gov. "Storage Times for the Refrigerator and Freezer." *FoodSafety.gov*, U.S. Department of Health and Human Services, 23 Aug. 2009, [www.foodsafety.gov/keep/charts/storagetimes.html](http://www.foodsafety.gov/keep/charts/storagetimes.html).
- II. "Shelf Life of Food Bank Products." *Pittsburghfoodbank.org*, Greater Pittsburgh Community Food Bank, 2012, [www.pittsburghfoodbank.org/wp-content/uploads/2014/08/Shelf-Life-Guide-2013-Update.pdf](http://www.pittsburghfoodbank.org/wp-content/uploads/2014/08/Shelf-Life-Guide-2013-Update.pdf).
- III. "Shelf-Stable Food Safety." *Food Safety Information*, United States Department of Agriculture Food Safety and Inspection Service, Aug. 2014, [www.fsis.usda.gov/wps/wcm/connect/77ffde83-dc51-4fdf-93be-048110fe47d6/Shelf\\_Stable\\_Food\\_Safety.pdf?MOD=AJPERES](http://www.fsis.usda.gov/wps/wcm/connect/77ffde83-dc51-4fdf-93be-048110fe47d6/Shelf_Stable_Food_Safety.pdf?MOD=AJPERES).
- IV. Warner, K., et al. "Storage Stability of Soybean Oil-Based Salad Dressings: Effect of Antioxidants and Hydrogenation." *National Agricultural Library*, United States Department of Agriculture, [naldc.nal.usda.gov/download/23875/PDF](http://naldc.nal.usda.gov/download/23875/PDF).
- V. USDA. "Food Product Dating." *Food Safety Information*, United States Department of Agriculture, Sept. 2011, [www.fsis.usda.gov/shared/PDF/Food\\_Product\\_Dating.pdf](http://www.fsis.usda.gov/shared/PDF/Food_Product_Dating.pdf).
- VI. USDA. "Freezing and Food Product Safety." *Food Safety Information*, United States Department of Agriculture, May 2010, [www.fsis.usda.gov/shared/PDF/Freezing\\_and\\_Food\\_Safety.pdf](http://www.fsis.usda.gov/shared/PDF/Freezing_and_Food_Safety.pdf).